

8 MARCH 2024 - 28 MARCH 2024



21 Days of  
PRAYER AND FASTING

MORNING PRAYER AND DEVOTION  
8 MARCH - 28 MARCH 2024  
6:30AM - 7:15AM

MEETING ID: 989 2408 4482  
PASSWORD: 21



**PLEASE NOTE THERE WILL BE NO PRAYER AND  
DEVOTION ON SUNDAY MORNINGS**

# A NOTE FROM PASTOR JONATHAN



Thank you for joining us in this special time of prayer and fasting. As we embark on these 21 days together, let us anticipate the miraculous work that God will do in our midst. It is my heart's desire to see each of you deepen your relationship with God. There are depths and heights in God yet to be explored.

The local church is not just a building or a group of like-minded people; it's a beacon of hope in our community and beyond. As we humble ourselves before God, we can expect mighty breakthroughs and transformations. A praying church is a powerful church.

Although fasting is a temporary sacrifice, its effects are enduring. It sharpens our spiritual senses and equips us to overcome life's challenges with divine strength. Through fasting, we open ourselves to spiritual renewal, direction, healing, and liberty.

I urge each one of you to participate in whatever capacity you can during these 21 days. It's not just a routine; it's a divine appointment that has the potential to revolutionise our lives and our church. Please follow the prayer points for each day and join us each morning for our Zoom prayer and devotion time at 6:30am.

These 21 days are an opportunity for us to realign our hearts with God's purposes and experience a fresh outpouring of His Spirit. Let us approach this time with expectancy and faith, believing that God will do a great work in our own personal lives and our church.

May this season of prayer and fasting be a powerful time to reset our spiritual compass and bring about spiritual renewal in every area of our lives. My hope is that this time of prayer and fasting will refresh us personally but also our church as we seek His blessing and direction.





# KEYS TO PRAYER

## **Consistency**

Many regular efforts are much more powerful and effective than a few big efforts. Just as you must talk regularly with your best friend to

maintain the relationship, you must talk regularly with God. He has many things to share with you for each and every day. If you do not seek Him each day, you will miss the direction that He desires to give you. Some directions may only be given daily.

## **Seek God at the beginning of each day**

If we believe that God wants to direct our lives, we must get our direction before we begin the journey of each day. If we only pray at the end of each day, we will be more likely to spend more of our time in repentance for having taken the direction we felt was best instead of God's way.

## **Sincerity**

Talk to God as a friend. God is most interested in a relationship with you through prayer. He is not interested in a prayer that you rehearse and repeat each day. Don't expect to have the same thing happen in prayer every day. Seek Him sincerely and let Him lead each prayer session.

## **Transparency**

God already knows what you need. There is no need to hide anything. God wants to hear you say it because our words are powerful.

## **Pray Out Loud**

There is power in the spoken word in prayer, just as God spoke audibly to create the universe or to heal people in His earthly ministry. The reason we can read many of the prayers that were prayed in the Bible is because they were prayed aloud and someone recorded them.

## **Pray in the Holy Spirit**

Only God knows all things, and there are times that He would like you to pray for things that only He can reveal. When we yield ourselves to be carried by the Spirit in prayer, He can use us to do supernatural things that we may only find out about in Heaven.

# FASTING



***Fasting is a constant means of renewing yourself spiritually. The discipline of fasting breaks you out of the world's routine. It is a form of worship – offering your body to God as a living sacrifice is holy and pleasing to God.” ~ Jentezen Franklin***

Fasting is so much more than just abstaining from certain foods or beverages. Fasting is setting aside things – such as food or other lifestyle items – in order to position yourself to draw closer to God. Fasting enables us to shift our focus from the physical to the spiritual. It enables us to experience God on a different and deeper level, to hear His voice more clearly, and to more readily follow His direction.

## **MAKE YOUR COMMITMENT**

Pray about the kind of fast you should undertake. Jesus encouraged us to fast (Matthew 6:16-18). For Him it was a matter of when believers fast, not if they would do it. Before you fast, we encourage you to decide up front the type of fast God wants you to undertake and how much time each day you will devote to prayer and reading God's Word. Making these commitments ahead of time will help sustain your fast when physical temptations and life's pressures tempt you to abandon it.

You may choose to fast all 21 days. Or you may choose to fast several days out of the 21 days, such as three or four days a week throughout the 21-day period. Maybe you will do that and do three to seven consecutive days at the end. This is your personal decision and should be prayerfully considered as it applies to your circumstances.

It is important to fast in a way that works for you. The goal is that you choose a fast that will be challenging for you, but won't hinder your day-to-day schedule (work, school etc). You should choose a plan that will cause you to rely on God and will create space in your life for Him to work.



# FASTING

## Spiritual Preparation

The goal for this 21-day fast is that you would experience a new intimacy in your relationship with God. As you prepare to begin, we encourage you

to prepare your heart spiritually. The foundation for fasting and prayer is repentance. Unconfessed sin can hinder your prayers.

### Here are several things you can do to prepare your heart:

- Remember that Jesus loves you and is for you.
- Confess every sin that the Holy Spirit calls to your remembrance and accept God's forgiveness (1 John 1:9).
- Forgive those who have hurt you (Mark 11:25; Luke 11:4; 17:3,4).
- Surrender your life fully to Jesus Christ as your Lord; refuse to obey your worldly nature (Romans 12:1,2).
- Begin your time of fasting and prayer with an expectant heart (Hebrews 11:6).
- Do not underestimate spiritual opposition. Satan sometimes intensifies the natural battle between body and spirit (Galatians 5:16,17).

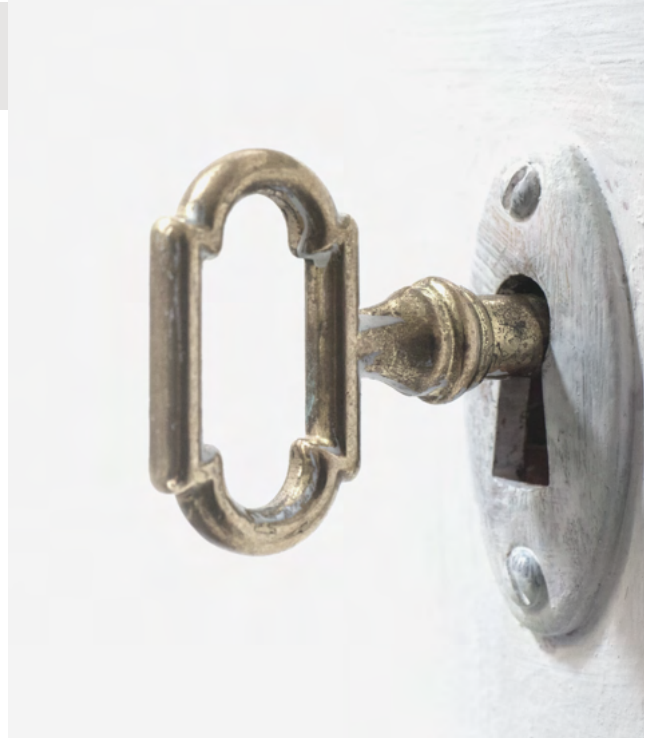
### Why Fast?

Fasting has the potential for significant impact in our lives. Through fasting and prayer, the Holy Spirit can transform your life personally. God can speak to you in new and dynamic ways.

Fasting and prayer can also work on a much grander scale. According to Scripture, personal experience and observation, we are convinced that when God's people fast with a proper Biblical motive – **seeking God's face not His hand** – with a broken, repentant, and contrite spirit, God will hear from heaven and heal our lives, our churches, our communities, our nation and world.

# KEYS TO FASTING

Fasting is like cleaning house and putting things in proper order. It is also like switching from dial-up internet to high speed. It allows us to receive much more readily the signals of the Spirit in and out of prayer.



## **Consistency**

It is better to fast one day each week than to fast for a long time once each year. It has been said that, "an ounce of prevention is worth a pound of cure". Fasting regularly is preventative maintenance for our spirit. One to three day fasts should be a part of our weekly lifestyle. They become habit. Long term fasts take place when we need specific direction from the Lord; we have allowed our flesh to take over, and we need to do a major house cleaning, or any time the Spirit directs us.

## **Sacrifice (no pain, no gain)**

Many people try to fast in such a way that they feel little or no discomfort. This is opposed to the very concept of fasting which is to deny ourselves and to crucify our flesh. Crucifixion was one of the most painful deaths one could suffer in Biblical days. This is exactly the analogy we fit into when we willingly crucify our flesh. Just as a weight lifter learns to see pain as growth, so the child of God sees self-denial as their greatest way to get close to God when done properly.

## **Always combine fasting with much prayer**

Since you won't be eating at regular intervals throughout the day, you should take the time that you would usually eat and use it to pray. Fasting without prayer is just a starvation diet. Much spiritual harm can come through fasting without real and much prayer. Even witches fast to allow themselves to become more sensitive to the voice of satan. If we do not cover ourselves with prayer and stay under spiritual leadership during a fast (a time of making ourselves more sensitive), we can open ourselves up to spiritual pride and voices of deception.

## **Be certain you are fasting with a right motive**

Fasting is not to be flaunted, but done in secret. It is not done to get God to do what you want or to rush His will. It is simply to remove the strength of our flesh so that our spirits can effectively reach out to the Spirit of God. When that happens, you should only want God to do His will and not your own.



# KEYS TO FASTING CONTINUED

## **Fasting is not the same thing as dieting**

And fasting is not the same thing as eliminating food for health. Fasting is a non-required discipline (you don't have to do it) where you alter your diet (there are many kinds of fasts) for a spiritual reason (there are many reasons to fast) and accompany the experience with prayer." ~ Elmer L. Towns

## **Repentance should be one of the most powerful aspects of your fast**

If you feel no need to repent during a fast, most likely you have not brought your flesh under subjection yet. You can be confident that the closer you get to God, the more areas of your carnal life He will reveal and desire to work on.

## **Fasting helps us to:**

- Hear from God. (Acts 13:2)
- Bring our carnal man into subjection to our spiritual man. (1 Cor 9:25-27)
- Intercede for others. (Ps 35:13)
- Repentance. (Joel 1:13-14)
- Fulfill God's purpose for us. (Isaiah 58:6)
- Find strength and direction. (Acts 14:23)
- Worship. (Luke 2:37)
- Humble ourselves. (Psalm 35:13)

## **HEALTH CONCERNS**

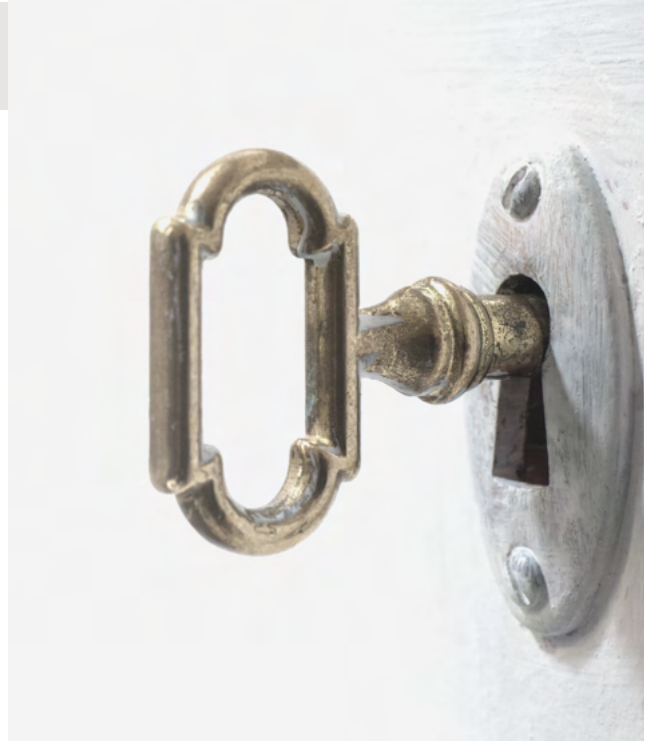
If you have health concerns, please consult your doctor prior to beginning any type of food fast. Explain to your doctor what you would like to do, and follow his/her instructions. This is especially important if you have a physical condition that is affected by your food intake, have any type of chronic illness, and/or are taking any kind of prescription medications. If you are physically unable to participate in the corporate Daniel Fast, please do not feel guilty. Instead, find something besides food to give up for 21 days. The main thing is that you participate in some way in this corporate fast along with your church family. The power of a corporate fast binds us together in unity.

## **FASTING GUIDELINES FOR CHILDREN**

Infants and small children should NOT fast. Older children can participate in a fast by choosing a food they usually have each day (cookies, candy, favorite snack, etc.) and giving that up during the fast. The important thing is to explain to them that we are giving up something for the purpose of focusing on God.



# TYPES OF FASTS



There are many types of fasts. All of them require sacrifice. Here are some examples mentioned in the Bible:

## **One day fast**

Consists of any 24 hour period, or sunup until sundown, or from evening before until 3:00pm.

## **Three day fast**

Not partaking of food for 3 days.

## **Daniel fast**

Vegetables, fruits, and grains only. In small portions, praying at meal times (It should be done in a way that still denies your flesh.)

## **Restricted fast**

Abstaining from certain desired foods, or giving up one meal a day. (This is a great fast for children.)

## **Extended fast**

It is best to prepare your body for an extended fast by eating only fruits and vegetables and grains for a few days preceding the fast. Some choose to omit caffeine. This fast can extend for a week or up to forty days.

## **A Total Fast**

A total fast excludes all solid food; drinking only water.

## **A Non-Total Fast / Liquid Fast**

Excludes all solid food, but can include juice, herbal teas, and broth.

**Because water acts as a cleansing agent for the body, it is best that it not be excluded when fasting.**



# DANIEL FAST

Daniel 1:8 - But Daniel purposed in his heart that he would not defile himself with the portion of the king's meat, nor with the wine which he drank:

therefore he requested of the prince of the eunuchs that he might not defile himself.

Daniel 10:2-3 In those days I Daniel was mourning three full weeks. I ate no pleasant bread, neither came flesh nor wine in my mouth, neither did I anoint myself at all, till three whole weeks were fulfilled.

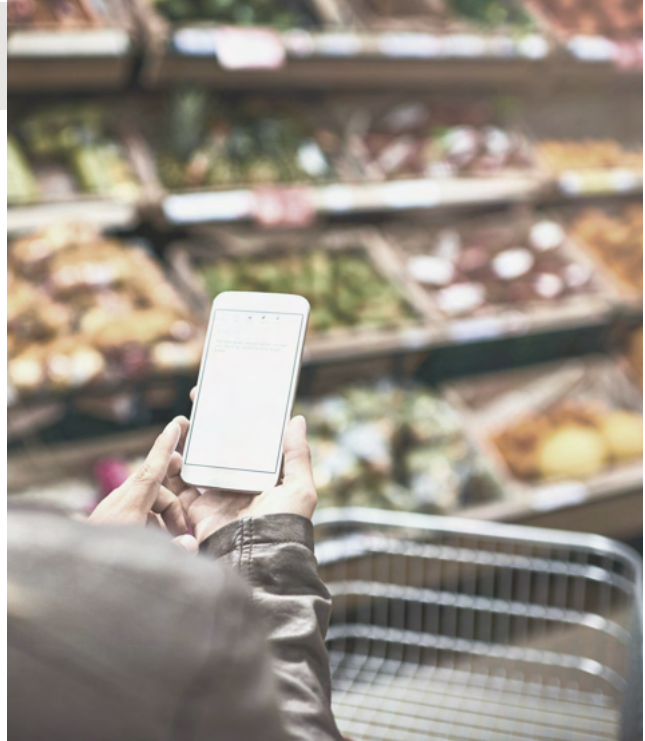
In the first chapter of Daniel, King Nebuchadnezzar commissioned Ashpenaz to select some young men to be brought to the palace and trained, prior to being given positions in the king's court. Among those brought in were Daniel, Shadrach, Meshach and Abednego. The order was given by the king that they should eat from the king's table be served the same as he was. However, Daniel, purposing in his heart that he would not defile himself, followed a different diet. Later, in chapter 10, Daniel embarks on a three-week fast while in mourning.

The purpose of fasting is to grow your relationship with God. Daniel's decision not to eat the king's food was an outward symbol of an inward commitment he made to God.

There is no definitive list of foods for Daniel's fast. The scriptures tell us he ate no flesh (meat) and drank no wine. The designation of "pleasant bread" has often been interpreted to mean breads, or sweets, or the delicacies "choice foods" In our fast, it is the spirit of Daniel's decision that we are attempting to capture.

In general, the foods that are a part of the Daniel Fast are ones that promote health, foods that renew and cleanse the body. Rich foods, decadent foods, and "party" foods would be avoided on the Daniel Fast. If there is something not specifically listed that you feel should qualify as "food of the king", then ask God to reveal to you whether it should be part of your fast. The details of your fast are between you and God.

# DANIEL FAST: FOOD LIST



## FOODS TO EAT

- All Whole Grains, including brown rice, oats, and barley.
- All Legumes, including dried beans, pinto beans, split peas, lentils etc.
- All Fruits, including apples, apricots, bananas, blackberries, blueberries, boysenberries, cantaloupe, cherries, cranberries, figs, grapefruit, grapes, guava, honeydew melon, kiwi, lemons, limes, mangoes, nectarines, papayas, peaches, pears, pineapples, plums, prunes, raisins, raspberries, strawberries, tangelos, tangerines, and watermelon.
- All Vegetables, including artichokes, asparagus, beets, broccoli, brussel sprouts, cabbage, carrots, cauliflower, celery, chili peppers, corn, cucumbers, eggplant, garlic, ginger, kale, leeks, lettuce, mushrooms, mustard greens, okra, onions, parsley, potatoes, radishes, scallions, spinach, sprouts, squashes, sweet potatoes, tomatoes, turnips, watercress, yams, and zucchini.
- Seeds & Nuts
- Liquids: water (as much as possible), unsweetened soy milk, caffeine-free all-herbal tea, natural fruit juice (no sugar added), natural vegetable juice (no sugar added)
- Extra-Virgin Olive Oil (small quantities)
- Honey

## FOODS TO AVOID

- Meat (including poultry and fish)
- White Rice
- Breads
- White Flour (and products using it)
- Fried Foods
- Caffeine & Caffeinated Beverages
- Coffee & Tea (including decaf)
- Carbonated Beverages
- Foods Containing Additives or Preservatives
- Refined Sugar or Sugar Substitutes
- Margarine, Shortening, High-Fat Products

# DAY 1

## PRAYER FOCUS: Gratitude



Today, let us focus our prayers on expressing gratitude to God for His blessings, provision, and faithfulness in our lives.

- Thank God for His unconditional love and grace towards me.
- Thank God for the blessings and provisions He has provided in my life.
- Express gratitude for the relationships and friendships that bring joy and support.
- Thank God for His guidance and wisdom in navigating life's challenges.
- Thank God for the opportunities and doors He has opened for me.
- Express gratitude for the lessons learned through both successes and failures.
- Thank God for His forgiveness and the opportunity for redemption.
- Express gratitude for the gift of salvation and eternal life through Jesus Christ.





## DAY 2

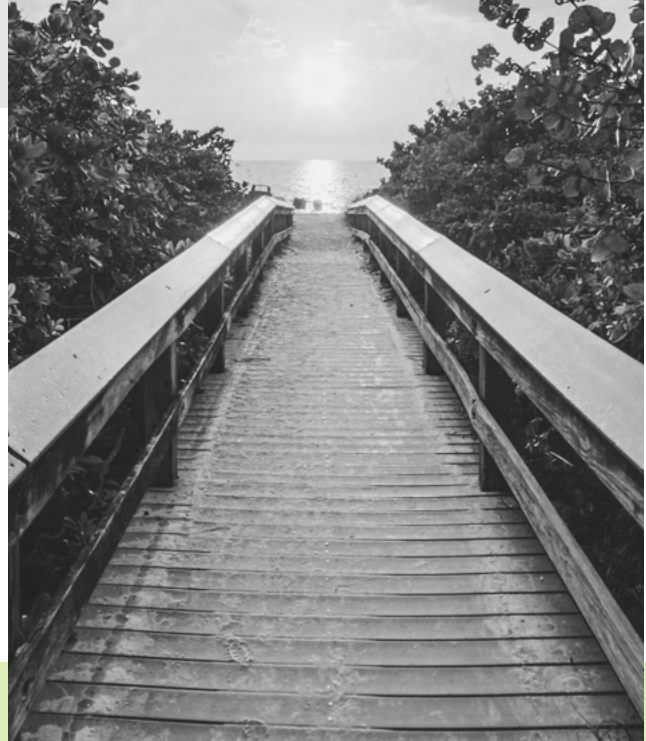
### PRAYER FOCUS: Repentance & Forgiveness

Let us humbly come before God, acknowledging our sins, and seeking His forgiveness and cleansing.

- Recognise and acknowledge my sins before God. Ask for the grace to see my actions, thoughts, and attitudes that have been contrary to God's will. Ask for forgiveness and the strength to turn away from those sins.
- Ask God to help me overcome sinful patterns and habits. Pray for the strength to turn away from sinful behaviours and temptations. Ask for God's help to resist temptation and to walk in righteousness and obedience to His Word.
- Renewal of Mind: Pray for the transformation of my mind and thoughts. Ask for God's help to align my thinking with His truth and to reject any thoughts or beliefs that lead to sin.
- Empowerment: Pray for the Holy Spirit's empowerment to live a life of holiness and righteousness.
- Pray that God gives me courage and strength to forgive those who have “wronged” me so that God can forgive me. (Matthew 6:14-15)

# DAY 3

## PRAYER FOCUS: Guidance



Today, let us seek God's guidance and wisdom in making decisions, both big and small, trusting in His perfect plan for our lives. Submission to God and His will for our lives.

- Pray for greater clarity of God's purpose in my life and that I will live committed to God's call and purpose (Acts 26:19).
- Pray that I will hear His voice clearly (John 10:27), have a sharpness in my spirit to Him and His ways and draw on His thoughts which are higher than mine. (Isaiah 55:8-9, Jonah 3)
- Pray that God would reveal His direction for my life and for boldness to step out and be faithful to the call of God on my life.

**THERE WILL BE NO PRAYER AND DEVOTION ON ZOOM TODAY**



# DAY 4

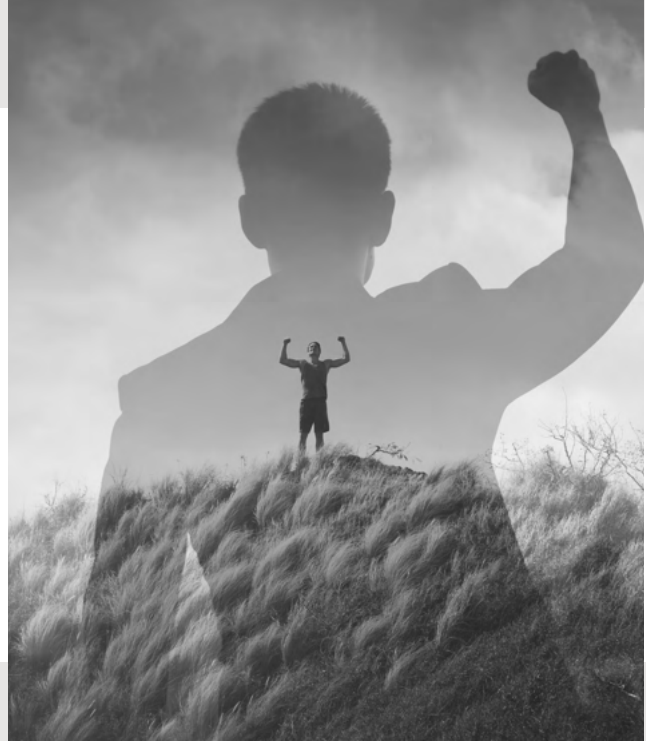
## PRAYER FOCUS: HEALING

Let us pray for physical, emotional, and spiritual healing for ourselves, our loved ones, and others who are in need.

- Pray for the restoration of health and well-being, asking for God's healing touch on any physical ailments or conditions.
- Seek God's comfort and peace for emotional wounds or struggles, praying for healing and restoration of joy and mental well-being.
- Ask for spiritual healing, seeking a deeper connection with God, renewal of faith, and being filled with the Holy Spirit.
- Pray for His peace that passes understanding and the release of anxiety or stress that may hinder overall well-being.
- Pray for strength to endure challenges and overcome obstacles, both physically and emotionally.
- Pray for the grace to forgive oneself and others, fostering emotional healing and reconciliation.

# DAY 5

## PRAYER FOCUS: Strength



Let us ask God to strengthen our faith, giving us the courage and endurance to face challenges and overcome obstacles. Pray for a renewed passion and commitment to live out the teachings of Jesus and be His witnesses in our daily lives, just as the early disciples did (Acts 1:8).

- Acknowledge my weaknesses and my need for strength and ask God to grant me strength for all the challenges and obstacles I face.
- Ask God for physical strength to endure and overcome any physical limitations or ailments that I may be facing.
- Pray for emotional strength in times of distress, sorrow, or anxiety.
- Pray for relational strength in my interactions with others. Grant me patience, understanding, and the ability to forgive. Help me to love others as You have loved me.
- Pray for strength in times of uncertainty and decision-making. Grant me wisdom and discernment to make choices that align with Your will and bring glory to Your name.





# DAY 6

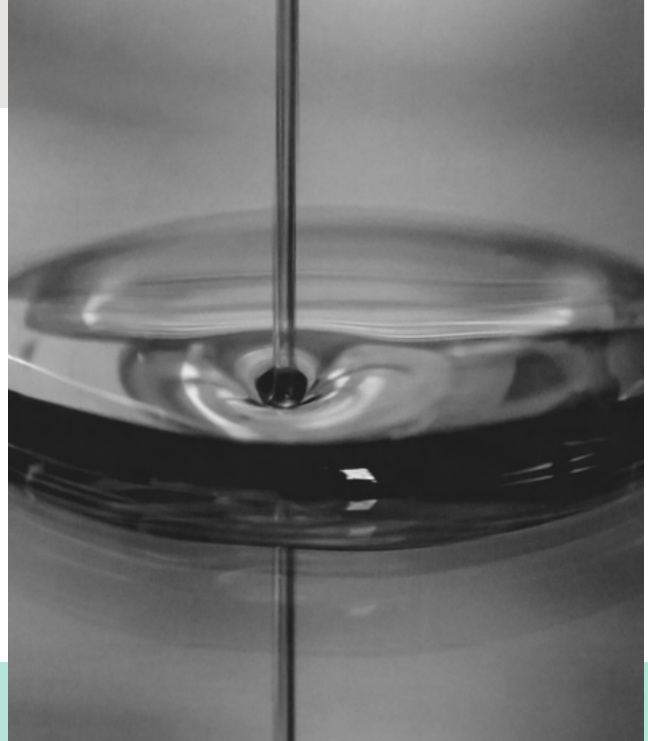
## PRAYER FOCUS: Provision

Let us bring our needs before God, trusting in His provision and asking Him to meet our financial, relational, and spiritual needs.

- Pray for an increased faith and trust in God's faithfulness, believing that He will continue to provide for my needs according to His promises.
- Seek God's guidance and wisdom in managing my finances wisely, making sound decisions that align with His will. Pray for His protection from the stress and anxiety that can accompany financial challenges.
- Pray for God's direction in my career and employment, asking for doors to be opened or closed as needed for my provision.
- Pray that I will find contentment in every circumstance, trusting that God's provision is sufficient regardless of external conditions.
- Commit to having a generous heart, desiring to share with others in need and to be a blessing to those around me.

# DAY 7

## PRAYER FOCUS: A Fresh Anointing



Let us pray for the Lord's anointing on our lives. That He would equip us for service in His kingdom.

- Pray for a hunger and thirst for God's presence, asking for a fresh anointing that draws me into deeper intimacy with Jesus.
- Ask for a renewed passion for the Word of God, seeking a fresh revelation and understanding of His truths that will equip me for effective service.
- Ask Jesus to equip me with discernment, wisdom, and sensitivity to the leading of the Holy Spirit in every aspect of my service.
- Seek a fresh anointing for compassion and love, desiring to serve others with the same selfless love that Jesus demonstrated during His earthly ministry.
- Finally, express gratitude for the opportunity to serve in God's kingdom and ask for a fresh anointing that empowers me to make a lasting impact for His glory.



## DAY 8

### PRAYER FOCUS: The fruit of the Spirit - Love

Today let us pray for the fruit of the Spirit, 'love' to be manifest in our lives.

- Pray for an overflow of love in my heart towards God and others. Ask for the ability to love unconditionally and to show kindness and compassion to those around me.
- Pray for an overflow of God's love in my heart, enabling you to love others selflessly and unconditionally.
- Pray for the strength to love even when faced with challenges, relying on the divine source of love described in John 15:1-5.
- Pray for the ability to see others through God's eyes, fostering compassion and empathy in my interactions.
- Pray for the grace to forgive those who may have hurt or wronged me, allowing God's love to heal and restore relationships.
- Pray for an understanding of the sacrificial love demonstrated by Jesus, and ask for the strength to model that love in my own life.

# DAY 9

## PRAYER FOCUS: The fruit of the Spirit - Joy



Today let's pray that the fruit of the Spirit, 'joy' be manifest in our lives.

- Pray for a deep sense of joy that comes from knowing God and His presence in my life. Ask for the ability to find joy in all circumstances and to spread joy to others through my words and actions.
- Pray for a deep and abiding joy that transcends circumstances, rooted in the presence of His Spirit within me.
- Pray for the Holy Spirit to fill my heart with joy, casting out any feelings of despair, doubt, or sadness.
- Pray for the ability to spread joy to others, becoming a source of encouragement and positivity in their lives.
- Pray for a joy that overflows in worship, celebrating God's goodness and faithfulness in your life.
- Finally, express gratitude to God for the gift of joy and ask for a continual outpouring of His joy into my heart and circumstances.





# DAY 10

## PRAYER FOCUS: The fruit of the Spirit - Peace

Today let's pray that the fruit of the Spirit, 'peace' be manifest in our lives.

- Pray for inner peace that surpasses all understanding. Ask for the ability to trust in God's plan and to experience His peace during chaos and uncertainty.
- Pray for peace in my relationships and in the world around me. Especially in areas of conflict and strife, and for God's intervention in bringing about reconciliation.
- Ask for God's peace to guard my mind and heart in times of uncertainty and chaos, trusting in His sovereign control.
- Pray for His Spirit to bring reconciliation and harmony in any strained relationships, fostering an atmosphere of peace.
- Seek God's guidance in surrendering anxieties and worries to Him, allowing His peace to replace fear and doubt.
- Ask for the grace to be a peacemaker in my interactions with others, resolving conflicts and promoting unity.

**THERE WILL BE NO PRAYER AND DEVOTION ON ZOOM TODAY**

# DAY 11

## PRAYER FOCUS: The fruit of the Spirit - Patience



Today let's pray that the fruit of the Spirit, 'patience' be manifest in our lives.

- Pray for patience in waiting on God's timing and in dealing with difficult situations and relationships, seeking understanding and compassion for others, and the ability to extend grace in moments of tension.
- Pray for increased patience in my daily life, asking the Holy Spirit to help me endure challenges with a calm and steadfast spirit. Trusting that God is working all things together for my good.
- Pray for patience in my spiritual journey, recognizing that God is continually shaping and molding me into His image.
- Seek God's help in responding to delays and setbacks with a patient and hopeful heart, knowing that He is in control.
- Pray for patience in my interactions with others, desiring to be slow to anger and quick to extend forgiveness.



## DAY 12

### PRAYER FOCUS: The fruit of the Spirit - Kindness

Today let's pray that the fruit of the Spirit, 'kindness' be manifest in our lives.

- Pray for a heart full of kindness and compassion towards others. Ask for opportunities to show kindness and to be a blessing to those in need. Pray for the ability to speak words of encouragement and to extend grace to others.
- Ask for the grace to see people through God's eyes, recognizing their worth and extending kindness without judgment.
- Pray for opportunities to show kindness in practical ways, being sensitive to the needs of those around me.
- Pray for kindness in my words, that they may uplift and encourage others rather than tear down or criticize.
- Pray for a compassionate heart, desiring to alleviate the suffering of others and to be a source of comfort.

# DAY 13

## PRAYER FOCUS: The fruit of the Spirit - Goodness



Today let's pray that the fruit of the Spirit, 'goodness' be manifest in our lives.

- Pray for a desire to do good and to live a life that reflects God's goodness. Ask for the strength to resist temptation and to choose righteousness in all areas of my life. Pray for opportunities to make a positive impact on those around me.
- Pray for an overflow of God's goodness in my life, manifesting in my thoughts, words, and actions. Ask for His Spirit to cultivate a genuinely good and pure heart, reflecting the goodness of God to those around me.
- Seek God's help in developing a generous and benevolent spirit, desiring to do good to others without expecting anything in return.
- Pray for the grace to be a source of positive influence and encouragement, radiating the goodness of Christ in my interactions and the courage to stand for what is good and righteous, even when faced with opposition or challenges.
- Seek God's guidance in using my resources and abilities for the benefit of others, demonstrating a spirit of generosity and goodness.





# DAY 14

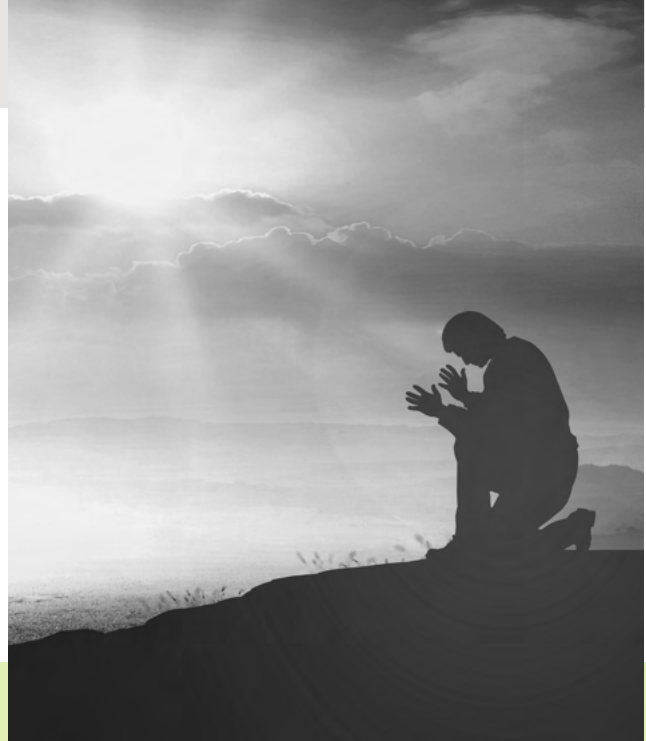
## PRAYER FOCUS: The fruit of the Spirit- Faithfulness

Today let's pray that the fruit of the Spirit, 'faithfulness' be manifest in our lives.

- Pray for an increase in faithfulness in my relationship with God, desiring to grow in trust and devotion, trusting that God is faithful to complete the good work He has started in me.
- Seek God's help in being a reliable and trustworthy person in my relationships, reflecting His faithfulness in my interactions with others.
- Ask for grace to be faithful in my commitments and responsibilities, both in my personal life and within the community of believers.
- Pray for faithfulness in prayer and seeking God's will, recognizing that a faithful prayer life strengthens my connection with Him.
- Pray for faithfulness in my stewardship of resources, acknowledging that all I have is a gift from God to be used wisely.

# DAY 15

## PRAYER FOCUS: Revival



Today, let us pray for a revival in our hearts, church, and communities; that God's Spirit may bring about transformation and renewal. Intercede for lost souls and those who have fallen away from God. Pray for a fresh outpouring of the Holy Spirit upon our lives and the church, just as the early disciples experienced on the day of Pentecost (Acts 2:1-4).

- Pray for a deep personal revival, asking God to ignite a fresh passion for Him in my heart and a renewed commitment to His will.
- Lift up my church in prayer, seeking a revival of spiritual fervor among the congregation, a hunger for God's Word, and a desire for genuine worship.
- Pray for a revival of love and unity within my church community, asking God to heal any divisions and strengthen the bonds of fellowship.
- Intercede for the lost souls in my community, praying that God would open their hearts to His love and draw them into a relationship with Him.
- Ask God to bring back those who have drifted away from the church, praying for a revival of faith, repentance, and a desire to return to fellowship.



# DAY 16

## PRAYER FOCUS: Discipleship

Today, let's pray for effectiveness in making disciples and fulfilling the "Great Commission".

- Pray for a renewed commitment to being disciple-making disciples.
- Ask God to lead me to invest in the lives of others and to nurture them in their spiritual journey.
- Pray for a heart of compassion: Ask God to cultivate within me a genuine love and compassion for others, that I may be motivated to share the message of faith and make disciples.
- Pray for divine appointments and receptive hearts: Seek God's guidance to lead me to individuals who are open and receptive to hearing the message of faith, and for opportunities to engage in meaningful conversations with them.

# DAY 17

PRAYER FOCUS:  
Our families and the  
families in Calvary  
Chapel



Today let's bring our family and the families at Calvary Chapel before God, praying for love, unity, and God's guidance in our relationships and roles as parents, children, and siblings.

- Pray for marriages within my own family and those at Calvary Chapel, asking God to strengthen the bond between spouses, deepen their love, and cultivate unity.
- Lift up parents in prayer that they would seek God's wisdom and guidance as they fulfil their roles and that they may nurture their children in the fear and admonition of the Lord.
- Intercede for children in both my family and the church, asking for their spiritual growth, protection, and a heart that seeks after God.
- Seek God's blessing on family relationships, asking for open communication, forgiveness, and a spirit of reconciliation where needed.
- Pray for His guidance in resolving conflicts and strengthening the bonds of love within families, both in my own household and in the wider church community.

**THERE WILL BE NO PRAYER AND DEVOTION ON ZOOM TODAY**



# DAY 18

## PRAYER FOCUS: Church Leaders

Today, let us bring our leaders at Calvary Chapel before the Lord.

- Pray that our church leaders would have wisdom and discernment in making decisions that align with God's will.
- Pray for their spiritual growth and strength, that they may be rooted in their relationship with God and be filled with His Spirit as they lead and serve.
- Pray that God would guide and direct our church leaders in their leadership roles, giving them clarity and vision for the future of the church.
- Pray for an anointing and empowerment of the Holy Spirit upon our church leaders, enabling them to effectively minister, teach, and lead with God's power and authority.
- Pray for the personal lives and families of our church leaders. Ask God to bless and strengthen their relationships, provide for their needs, and grant them wisdom in balancing their ministry responsibilities with their personal lives.



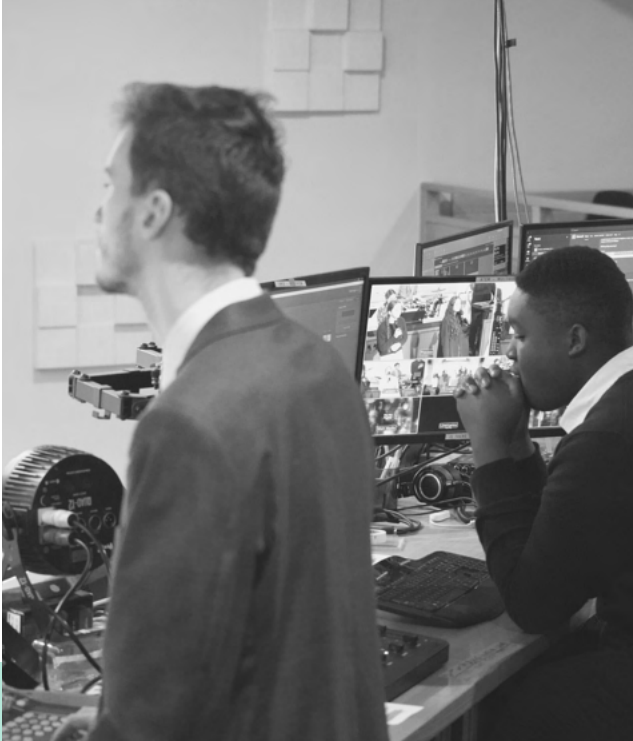
# DAY 19

## PRAYER FOCUS: Ministries at Calvary Chapel



Today, please pray for the various ministries at Calvary Chapel: Youth, Sunday School, Men, Women, Deaf Ministry, Music, Audio/Visual, Online Ministries, Hospitality, Home Friendship Groups.

- Pray for the Youth ministry, asking for God's guidance in reaching and impacting the lives of young people, that they may grow in faith and become strong disciples of Christ.
- Lift up the Sunday School ministry, praying for an anointing on teachers and students alike, that they may experience a deep understanding of God's Word and its application in their lives.
- Intercede for the Men's Ministry, asking for unity among the men, and wisdom for the leaders, that they may encourage one another in their walk with Christ.
- Pray for the Women's Ministry, seeking God's blessing on their gatherings and events; that women may be empowered, nurtured, and equipped in their spiritual journeys.



# DAY 19

## Continued

- Lift up the Deaf Ministry, asking for God's provision of resources, effective communication strategies, and a powerful impact on the lives of those with hearing impairments.
- Pray for the Music Ministry, asking for anointing and inspiration as they lead worship, that hearts may be drawn into a deeper connection with God.
- Intercede for the Audio/Visual Ministry, asking for technical excellence and a smooth operation during services and events, enhancing the overall worship experience.
- Pray for the Online Ministries, asking for wisdom in utilizing digital platforms to reach a wider audience, and for a meaningful impact on those engaging online.
- Lift up the Hospitality Ministry, praying for a warm and welcoming atmosphere in the church, that guests and members alike may feel a sense of belonging.
- Intercede for the Home Friendship Groups, asking for spiritual growth, genuine community, and effective outreach as members connect in smaller groups.

# DAY 20

## PRAYER FOCUS: Missions



Today, let us pray for the spread of the Gospel throughout our nation and the world.

- Pray for our missionaries.
- Pray for those who are fighting for their faith in nations around the world - China, Nigeria, Middle East etc. Pray for physical protection, courage, and strength.
- Pray for our city and our nation and that God will use me to share the gospel and reach lost souls. Pray for boldness and courage to proclaim the Gospel fearlessly (Acts 4:13-20).
- Pray for the spread of the Gospel to unreached people groups and regions, just as Paul received the vision to go to Macedonia (Acts 16:6-10).
- Pray that my life brings glory to the Name of Jesus. I am the light of the world wherever I go. Let others see Jesus in me.



# DAY 21

## PRAYER FOCUS: Thanksgiving

Today, let us offer heartfelt thanksgiving to God for His faithfulness throughout this prayer journey, for answered prayers, and for His presence in our lives. May our gratitude overflow as we continue to walk with Him.

- Thank God for His boundless love and mercy, expressing gratitude that His faithfulness endures forever.
- Give thanks for the gift of salvation through Jesus Christ, acknowledging that His sacrifice on the cross has reconciled us with God.
- Express gratitude for the transforming power of God's Word, which guides my steps and shapes my understanding of His love and purpose for my life.
- Give thanks for the community of believers, acknowledging the support, encouragement, and accountability they provide in my journey of faith.
- Thank God for the abundant blessings He has showered upon me, both spiritually and materially, and commit to using these blessings to bring glory to His name.

[illegible]



## This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



CALVARY  
CHAPEL

Prayer does not change God  
it changes those who pray!